

Mental Health for Every Body

Sand tray play events are for mothers and grandmothers, wives and sisters. It is evidence based practice for processing thoughts and feelings about conflict and relationships.

Penny L. Phares ARNP is a Child Psychiatric Nurse Practitioner and a Registered Play Therapy Supervisor who is experienced in Sand Tray Therapy and Play Therapy.

As Clinical Director at Child's Play Foundation she has responsibility for program development, training and fundraising. Penny conducts sand tray group counseling on weekends for consumers who want to de-stress and address health issues.

As a nurse practitioner, Penny practices psychotherapy from a mind and body, neurobiological perspective. Patient education includes information on causes of behavior in men, women, children and infants. The understanding of how humans and their individual makeup share time and space in groups and families is a paradigm that promotes healing.



Did you know...

- **Stress can age your skin?**
- **Anxiety is felt in the gut and the brain?**
- **Men's brains are different than women's brains?**
- **Babies have memory as early as 6 months?**

\$75

**Includes mental health consultation and training
Lunch and snacks
Helps to fund Isaiah's Place**

Upcoming dates Saturday

September 14, 2013

October 19, 2013

November 16, 2013

10 am to 3 pm

6210 Harmony Lane

Yankeetown, FL 34498

Space is limited register early

Approved by APT



To register call

Isaiah's Place

352 447-1775

E-mail

isaiahsp@bellsouth.net

go on line

www.childsplayfoundation.org